

Queens **COURIER**

Taking A Realistic Approach To Plastic Surgery

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There was a time when even an untrained eye could spot a plastic surgery patient, but recent advances in this field enable doctors to perform procedures that not only are safe and minimally invasive, they produce less scarring and faster healing. Most impressive, the results are more realistic than ever before.

"One of the important things is in the past, plastic surgery has left people looking plastic, but what has evolved recently is the natural look," said Dr. Jeffrey S. Yager of The Plastic Surgery Center and a specialist in plastic surgery of the face, breast and body. "Now we can achieve the kind of look that makes people know there's something different, but it leaves you looking like yourself."

Dr. Yager practices out of a state-of-the-art surgical suite across from Columbia Presbyterian Hospital in Manhattan. All procedures are performed in the office using local anesthetic and, if necessary, only moderate sedation by the practice's own anesthesiologist. The use of computer imaging technology allows patients to see just how they could look.

Among the procedures performed are collagen treatments to eliminate fine lines and facial depressions, and to enhance lips. Also, injections of fat taken from

the patient's own body may be added to the face to remove wrinkles or diminish fine lines. The doctor also administers botox injections which paralyze facial muscles to prevent the aging process, and rejuvenate and enhance the skin. Glycolic acid peels are also done in the office.

Using the latest techniques, Dr. Yager also does soft form facial implants with collagen as a permanent implant to take away the fine lines of the face. Endoscopic surgery is also used for breast implants, face lifting and brow lifting.

Traditional plastic surgery performed includes rhinoplasty (nasal surgery); virtually scar-free and minimally invasive face lifts and eye lid surgery; tummy tucks; breast lifts, reductions and implants; and laser surgery to resurface facial skin.

Widely publicized tumescent liposuction, which is the newest and safest method, is also performed.

"We can do these types of procedures delivering the best possible results because with the advances made over the last three years we now have a better understanding of how the body heals," Dr. Yager said.



Dr. Jeffrey S. Yager

The doctor also carries skin care and beauty regimen products containing glycolic acids to help maintain the skin's youthful appearance.

Free monthly seminars on beauty enhancement are conducted at the office, and informative literature on the newest techniques is available.

Consultations are always complimentary and include free computer imaging. Rates are affordable, and Spanish is spoken.

"The nice thing for me is that in the past I did a lot of surgery that patients were forced to have, but this is fun for me and the patient," said Dr. Yager. "I really get a lot of pleasure out of making someone look better."

by
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